

Helpers in Your Community: Is the helper able, available and acceptable?

CRISIS (DISTRESS) CENTER: Shasta Co. Mental Health 530-225-5252

SUICIDE PREVENTION CENTER: National Suicide Prevention Talkline 800-273-TALK (8255)

TEEN LINE: 800-852-8336

RAPE/SEXUAL ASSAULT CENTER: One Safe Place 530-244-0117

DOMESTIC VIOLENCE HOTLINE: One Safe Place 530-244-0177

SEXUAL ABUSE HOTLINE: 530-244-0177

CHILD ABUSE HOTLINE: 530-225-5144

POLICE: 911 OR RPD: 530-225-4200

PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 OR 530-225-6290

MENTAL HEALTH CRISIS / RESPONSE: Shasta Co. Mental Health 530-225-5252 OR 888-385-5201

HOSPITAL EMERGENCY SERVICES: Mercy Med.Cntr 225-7200; Shasta Regional Med.Cntr 244-5400; Mayers Memorial 336-5511

EMERGENCY SHELTERS: Good News Rescue Mission 530-241-5754; One Safe Place 244-0118

YOUTH SHELTER:

MENTAL HEALTH OUTREACH CLINIC: 530-245-6411

CHILDREN/YOUTH PSYCHIATRIC CLINIC: Shasta Co. Mental Health 530-225-5200 OR 800-385-5201

PRIVATE PRACTITIONERS:

MEDICAL CLINIC / GENERAL PRACTITIONER: Comm.Health Cntrs: Shasta 246-5710; Hill Country 337-5750; Shingletn 474-3390

STD INFORMATION AND TESTING SITES: Shasta Co. Public Health 530-225-5591; 351-7100 OR 530-221-0193

CHILDREN'S SERVICES OFFICES: Shasta Co. Children's Services 530-225-5144

STUDENT SERVICES:

CHILD CARE REFERRALS: Resource and Referral 530-225-2999

PARENT TRAINING: Child Abuse Prevention Council 530-241-5816

FAMILY SUPPORT SERVICES: Family Dynamics 530-242-9007; Northern Valley Catholic Social Service 530-241-0052

SELF HELP GROUPS:

SUBSTANCE ABUSE COUNSELING: Shasta Co. HHSA 225-5200; Empire Recovery 243-7470; Right Roads 223-3774

ALCOHOLICS ANONYMOUS: 530-925-5623

MENTAL HEALTH SERVICES: Shasta Co. Mental Health 530-225-5252

RELIGIOUS/SPIRITUAL SUPPORT:

LEGAL ASSISTANCE/VICTIM-WITNESS ASSISTANCE: Victim Assistance 530-225-5220

COMMUNITY CORRECTIONS OFFICERS:

Other: Elder Abuse Hotline: 530-225-5798
Other: Veteran's Assistance: 530-225-5616
Other:
Other:
Other: